

## Special Treatment Competency Guidelines

### General Guidance

As a practitioner who carries out invasive therapies you will need to consider the following:

- Infection control procedures
- Cleaning and sterilisation of equipment and studio / treatment area
- Waste disposal (needles etc)
- Protective clothing
- First aid
- Use of anaesthetics
- Client consultation
- Client record keeping (including record of all visits)
- Client after care advice
- Client complaint procedure
- Risk assessment
- Health and Safety
- Personal hygiene

A recommended qualification is the Level 2 certificate in Salon Hygiene. Further information available from:

Level 2 Certificate in Salon Hygiene (Beauty Therapy)  
The Royal Institute of Public Health  
28 Portland Place  
London  
W1B 1DE  
Email: [exams@RIPH.org.uk](mailto:exams@RIPH.org.uk)

### Ear piercing

All persons carrying out ear-piercing should have been trained in the use of the relevant ear-piercing system and must demonstrate competency to the satisfaction of the local authority and/or system manufacturer.

Training should cover:

- Hygienic procedures
- Cleaning
- After care provision to clients
- Incident reporting
- Failed piercing – what to do
- Basic first aid – particularly bleeding and fainting

### Body Art (including tattooing, semi-permanent skin colouring and cosmetic body piercing)

All persons carrying out body art procedures **must** attend a suitable course on infection control (approved by Local Authority or Trade Association) and attend a refresher every 5 years.

All practitioners must be carefully and constantly supervised for the first year by someone who has routinely carried out body art procedures over the past five years. *NB It is considered that it takes up to two years of full time practice to achieve the minimum level of competence.*

All persons must be able to demonstrate competency/knowledge and proficiency in subjects such as anatomy, diseases and their transmission, infection control procedures and a precautionary approach to new procedures.

Full details of the courses attended and details of periods of supervision must be available and produced when requested by an authorised officer of the Council. This training shall include procedures dealing with body fluid spillage (blood, vomit, urine etc), needle stick injury and safe working methods.

Body art procedures **should** not be undertaken by anyone under the age of 18.

The following document may be of use for practitioners carrying out skin piercing and tattooing: Health & Safety Executive Local Authority Enforcement Committee (HELA) - Enforcement of Skin Piercing Activities LAC 76/2 (April 2005)

<http://www.hse.gov.uk/lau/lacs/76-2.htm>

The following document may be of use for practitioners carrying out micro-pigmentation: HELA - Micro-pigmentation LAC 14/1 (August 2006)

<http://www.hse.gov.uk/lau/lacs/14-1.htm>

## **Electrolysis**

All persons carrying out professional beauty treatment must have completed a recognised course and have documented evidence.

All persons carrying out such treatments should regularly attend recognised training workshops and seminars. All practitioners should be appropriately supervised during their first year following qualification.

## **Acupuncture**

All persons practising acupuncture must successfully complete a relevant course and must be registered with a professional association

Practitioners must demonstrate continuing professional development.

Full details of the courses attended must be kept on the premises at all times and be available for inspection by an authorised officer of the Council.

Acupuncture **must not** be undertaken by anyone under the age of eighteen.

Recognised Associations

British Acupuncture Council (BA<sub>c</sub>C), 63 Jeddo Road, London W12 9HQ

Tel: 020-8735 0400

Fax: 020-8735 0404

E-mail: [info@acupuncture.org.uk](mailto:info@acupuncture.org.uk)

Please contact the BA<sub>c</sub>C for details as to course suitability and accredited colleges.